

# The Pequannock

# POLAR PLUNGE



## Participants Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

T-shirt Size (circle one): S M L XL (T-shirts are only guaranteed to those who register by 2/10/23)

**Drop off fee & completed form to Parks & Recreation or "Polar Plunge" drop box @ Town Hall or mail to Pequannock Chamber of Commerce at:  
480 Newark Pompton Turnpike,  
Pompton Plains NJ 07444**

**Cash or Check – made payable to Pequannock Chamber of Commerce**

### Optional: if you have sponsors, please list them below

Sponsor/Donor Name	Email Address	Phone	Amount

Waiver: All Plungers under 18 years of age must have a parent or guardian sign the following consent/waiver.

In consideration of participating in the Pequannock Polar Plunge, I represent that I understand the nature of the Polar Plunge events and that I and/or my minor child are qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I and/or my minor child believe event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Activity. I fully understand that Pequannock Polar Plunge event involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releases" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of my and/or my minor child's participation in the Activity.

I hereby release, discharge, and covenant not to sue Pequannock Polar Plunge, Pequannock Parks and Recreation, Future Business Leaders of America, Pequannock Chamber of Commerce, its respective administrators, directors, agents, officers, volunteers, and employ-ees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child's behalf, makes a claim against any of the Releases, I will indemnify, save, and hold harmless each of the releases from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Printed Name of participant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent or Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_